

PLEASE READ

I have motor neurone disease (MND)



Breathing

DO NOT LIE ME FLAT – it causes shortness of breath or choking!

If I am short of breath:

apply my NIV (BiPAP) mask

provide charted medications

other:

Note: All MND patients are at risk of type 2 respiratory failure. Oxygen should be used with CAUTION, following respiratory team advice.

Communication

I communicate by:

voice

voice amplifier

writing

typing

eye-gaze

other:

Cognition

NOT affected

impaired

Eating and Drinking

oral - current diet & fluids:

I need assistance with feeding

PEG / feeding tube

Nil by mouth (NBM)

Body Weakness

upper limb: left right

lower limb: left right

trunk

neck

Mobility

independent

assistance

stick or walker

wheelchair

Medication Route

whole crushed liquid PEG / feeding tube sub-cut injections

Ask me, or call my carer for more information. Name:

Number:

Acknowledgment: This resource was developed in collaboration between the National MND Lived Experience Network and the State MND Associations.

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